

CRYSTAL SPRINGS RESORT

# Spring Break Activity Guide

April 12<sup>th</sup> — April 21<sup>st</sup> 2024





# animals

## VISITS FROM THE FARM

Meet Farmer Keith's friendly animals! Learn fun facts about baby goats, chickens, ducks, bunnies, sheep, miniature horses, alpaca and other farm favorites.

**Every Saturday at Grand Cascades Lodge and Minerals Hotel.**

## PONY RIDES WITH NUGGET... OUR RESORT MASCOT

Nugget the pony loves to eat grass and hang out with his best friend Sprinkles, a miniature horse. They share a room in the barn and Nugget sleeps standing up! He will give you a kiss if you scratch him in his favorite spot. Did you know that Nugget was named after a golden nugget, but the kids like to call him chicken nugget? Delight your little ones with a hand-led ride to create a memorable experience for your child!

**Sundays at Grand Cascades Lodge.**

**April 21 at Minerals Hotel.**





# animals

{continued}

## ANIMAL EDUCATORS

Animal experts from Rizzo's Wildlife World & Wallaby Tales share fun facts as they introduce you to their furry and feathered friends.

**Every Saturday at Grand Cascades Lodge and Minerals Hotel.**

## GOAT YOGA

Also known as Caprine Vinyasa, this is an interactive yoga experience with miniature goats. Let your love of all things soft and tiny take over as you spend as much or as little time in the practice of yoga or snuggling the adorable goats. {Ages 8 & up}

**Saturdays + Sundays at Minerals Hotel. {Fees Apply}**

## KOI FEEDING

We welcome you to visit our scenic Koi Pond & feed these ornamental species of fish.

**Saturdays at Grand Cascades Lodge.**



# outdoor adventure

## LOCAL SCENIC HIKES

Nestled within the Kittatiny Mountain Range, the Resort is within minutes from some of the state's most scenic trails. Winding wooden paths lined with old oaks and towering evergreens create the perfect backdrop for a memorable family hike on the Appalachian Trail.

**Pick up our Local Hiking Guide at the Concierge Desk.**

## NATURE SCAVENGER HUNTS

Our nature trail is bursting with signs of spring. Grab your list, explore and let's see how many you can find!

**Daily at Grand Cascades Lodge.**

## FOREST BATHING HIKE

Led by our Resort Naturalist. A guided walk while practicing sensory awareness such as scent, sight, sound, breath, to quiet the mind and deepen connection with the inner self and the natural world. Information about wild plants . . . largely through sensory experience - and benefits of time spent in nature is included. Walk culminates in a 10 minute guided meditation with focus on connecting with the earth.

**Saturdays at Grand Cascades Lodge.**

# outdoor adventure

{continued}

## FISHING

Join us for guided fishing sessions at our sparkling Quarry Lake.

**Monday, Wednesday, Fridays – Sundays at Crystal Springs Resort Quarry near Grand Cascades Lodge. {Fees Apply}**

## ARCHERY

Join us at the range and show off your skills using a bow to shoot arrows at the bullseye. Instruction and equipment are included. {Ages 10 & up}

**Monday, Wednesday, Fridays – Sundays at Crystal Springs Resort Quarry near Grand Cascades Lodge. {Fees Apply}**

**Tuesday, Thursday – Sundays at Minerals Hotel. {Fees Apply}**

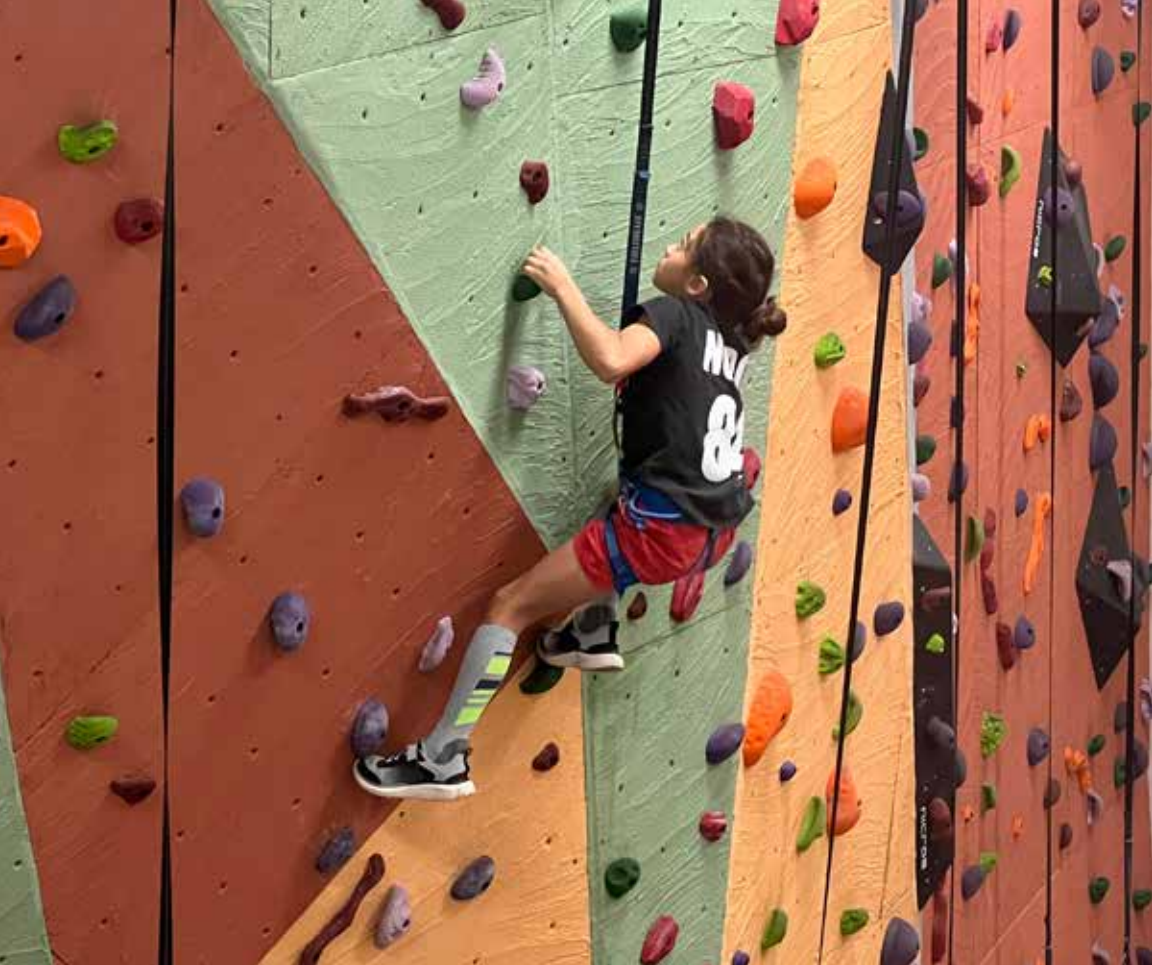
## LASER CLAY SHOOTING

Suitable for first time and seasoned clay target shooters. Using a modified shotgun, participants fire an infrared beam at reflective Clays. Real, deactivated guns are used with realistic sound effects that instruct the shooter when they have hit the target. Full instruction and equipment are provided. {Ages 12 & up}

**Monday, Wednesday, Saturdays + April 21 at Minerals Hotel. {Fees Apply}**







# family fun

## ROCK CLIMBING WALL

Our Rock Climbing Wall introduces an age old explorer sport to mainstream activity enthusiasts. {Ages 6+}

**Daily at Minerals Hotel. {Fees Apply}**

## BINGO

Come test your luck at our family bingo session for a chance to win a prize!

**Wednesday, Saturdays + Sundays at Grand Cascades Lodge.**

**Fridays + Saturdays at Minerals Hotel.**

## MARSHMALLOW ROASTS

**Daily at Grand Cascades Lodge and Minerals Hotel.**

## RACE THE RESORT

Ready, Set, Go! Grab a map and set off as a family as you race around the resort.

**Saturdays at Grand Cascades Lodge.**



# family fun

{continued}

## AXE THROWING

Bring your group out for popular axe throwing. This modern sport involves throwing an axe at a target, attempting to hit the bullseye as near as possible. {Ages 14 & up}

**Tuesday, Thursday – Sundays at Grand Cascades Lodge. {Fees Apply}**

**Fridays + Saturdays at Minerals Hotel. {Fees Apply}**

## FAMILY MOVIES

Enjoy a movie with the family that everyone will love.

**Fridays + Saturdays at Grand Cascades Lodge.**





# family fun

{continued}

## FOOTGOLF

FootGolf is played by kicking a soccer ball {on a golf course} into an oversized hole to score — with rules that are similar to golf. FootGolf takes just 2 hours to play 18 holes. {Ages 6 & up}

**Daily at Minerals + Cascades Golf Courses. {Fees Apply}**

## FAMILY GOLF

It's time to hit the fairways . . . with your family! Golf is a fantastic sport to introduce to your children. Not only will they be exercising in the fresh air, but golf teaches lifelong skills such as networking and discipline.

**Daily at Minerals + Cascades Golf Courses. {Fees Apply}**

## NATURAL GRASS PUTTING COURSE

Come out and test your skills on this one-of-a-kind, 18-hole natural grass putting course! See the Front Desk for putters and balls. Adults must sign out equipment with driver's license or credit card and must accompany children under the age of 16.

**Daily at Grand Cascades Lodge. {Open to GCL guests only}**

## GLOW GOLF

Great fun for all ages and skill levels, played on the natural grass putting course.

**Daily at Grand Cascades Lodge. {Open to GCL guests only}**





# family fun

{continued}

## STUFFED ANIMAL BUILD

Meet your new best friend! Choose from a variety of friends at our animal stuffing workshop! Each friend comes with its own Crystal Springs tee!

**Daily at Grand Cascades Lodge and Minerals Hotel. {Fees Apply}**

## KIDS MIXOLOGY CLASS

Create two colorful mocktails in this fun filled cooking class.

**Saturdays at Grand Cascades Lodge. {Fees Apply}**

## MINERALS GAME LOUNGE + ARCADE

Welcome to the new game lounge & arcade at Minerals Hotel! Featuring Playstation 5, Xbox Series X and Oculus Virtual Reality. Along with traditional arcade games. Enjoy the benefits of exercising & gaming while playing the new iWall 'exergaming' system.

**Daily at Minerals Hotel. {Fees Apply}**

# adult time out

## CRYSTAL CABARET

Extraordinary entertainment featuring gifted singers, talented comedians and our exceptional house musicians. Enjoy an open bar of innovative cocktails plus sophisticated bites. {Ages 21 & up}

**Saturdays at Grand Cascades Lodge. {Fees Apply}**

## WINE CELLAR TOURS

Explore our *Wine Spectator* Grand Award-winning Wine Cellar at Restaurant Latour.

**Self-Guided: Daily from 7:00am - 11:00pm at Grand Cascades Lodge.**

**Guided: Wednesday through Sunday at 3:00pm at Grand Cascades Lodge. {Please meet at the Crystal Tavern hostess stand}**

## WINE TASTING WITH THE SOMMELIER

An informative wine education discussion with our Resort Sommelier. Enjoy Q&A, basic wine & food pairings, tricks of the trade, glassware usage and decanting. Tasting of one white and one red wine included in the Bordeaux Room of the Wine Cellar.

{Ages 21 & up}

**Wednesday through Sunday at Grand Cascades Lodge. {Fees Apply}**

## THE CURATOR WINE + SPIRITS SHOP

Experience a wine-lover's shopping paradise in the Wine Cellar at the Crystal Springs Clubhouse. Shop for Sommelier-selected wines at an extraordinary value, plus a curated treasure trove of wine related merchandise including fine glassware, decanters, wine bags, totes, bottle openers, books & other inspiring wine-themed items.

**Wednesday through Sunday 4:00 - 7:00pm at Grand Cascades Lodge.**







# adult time out

{continued}

## MIXOLOGY

Join a Resort mixologist to learn how to make seasonal cocktails. {Ages 21 & up}

**Tuesday + Saturdays at Grand Cascades Lodge. {Fees Apply}**

## WATERCOLOR + WINE

Learn a variety of new artistic techniques as Resort Artist Susan Roessner guides you step by step in creating a beautiful seasonal painting. This class is perfect for beginners. {Ages 21 & up}

**Monday at Grand Casades Lodge. {Fees Apply}**

**Wednesday at Minerals Hotel. {Fees Apply}**

## CANVAS PAINT + SIP

Join a talented local art instructor in an acrylic painting class using an 11x14 canvas. {Ages 21 & up}

**Thursday at Grand Cascades Lodge. {Fees Apply}**

**Fridays + Saturdays at Minerals Hotel. {Fees Apply}**



# art workshops

## SLIME PAINTING

Come have fun painting with slime! Work with our instructor as she makes slime from scratch! Kids then get to use the slime as a paint brush to make an 11x14 canvas creation! Please note that guests do not get to take the slime home with them.

**Tuesday + Thursday at Grand Cascades Lodge. {Fees Apply}**

## SPRING MASON MUG PAINT + SIP

Grab the fam . . . sip on lemonade & paint a handled Mason Jar Mug with felt tipped paint markers. All ages are welcome to this non-alcoholic class.

**Tuesday, Thursday + Saturdays at Minerals Hotel. {Fees Apply}**

## KIDS PAINTING WORKSHOPS

Spring Shower Painting

**Monday at Grand Cascades Lodge. {Fees Apply}**

Bunny Silhouette Painting

**Thursday at Minerals Hotel. {Fees Apply}**

Kids Acrylic Landscape

**Fridays, Monday + Wednesday at Minerals Hotel. {Fees Apply}**

Stamping Workshop

**Sundays at Minerals Hotel. {Fees Apply}**





# art workshops

{continued}

## CUPCAKE DECORATING

Learn how to decorate 5 seasonally themed cupcakes out of ordinary & sometimes unexpected ingredients. Enjoy 1 cupcake in class & pack up the other 4 to take home!

**Saturdays at Grand Cascades Lodge. {Fees Apply}**

## METAL STAMPING WORKSHOP

Discover the art of metal stamping in this beginner-friendly workshop! Each participant will go home with their choice of pendant, keychain or bracelet.

**Wednesday, Fridays + Sundays at Grand Cascades Lodge. {Fees Apply}**

## POP IT CANDY WORKSHOP

In this workshop, students will create candy bars using Pop It toys as their molds. Choose the edible elements to add to candy bars. Take home your creations and enjoy!

**April 12, 14, 16, 18 + 21 at Grand Cascades Lodge. {Fees Apply}**

# incredible pools

## WELCOME TO A POOL PARADISE AT GRAND CASCADES LODGE!

The tropical Biosphere complex includes amazing indoor and outdoor pools, hot tub, an aquarium, steam room, sauna and 140' water slide.

**{Grand Cascades Lodge guests only}**



## EXPERIENCE THE AMAZING MINERALS HOTEL POOL COMPLEX

Discover the amazing Minerals indoor & outdoor pool complex featuring a spray-ground, cliff jump, waterfalls, caves, hot tubs, cold plunge, swim up aquarium and more.







**#ExploreCrystal**  
**@crystalspringsresort**  
**TheCrystalSpringsResort.com**

Activities are subject to change — please see the daily activity schedule for details.