



GET
FIT
FOR
LIFE

WEIGHT LOSS CHALLENGE

JANUARY 29 — APRIL 26, 2024

WINNERS {1 MALE + 1 FEMALE}
WILL EACH RECEIVE A COMPLIMENTARY
ONE-YEAR MSC MEMBERSHIP!

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**Prize awarded based on highest percentage of lost body weight.
Trainers will weigh in participants weekly.**

ENTRY FEE: \$49 FOR MEMBERS. \$79 NON-MEMBERS.

{Entry fee will be waived if participants purchase a 10+ pack training package}

For further details or to register, please see Member Services.